



Cedar High
Community
Update

Together we will:

- Share some current projects underway 2nd trimester
- Discuss the advising timelines for 9th, 10th, 11th and 12th grade
- Share how you can access Running Start in the 11th and 12th grade
- Emphasize some of the supports Cedar has to offer
- Celebrate proud moments by our Cedar Community

CURRENT PROJECTS



Art Class Cedar Pencil
Drawing

Making our own
nutritious energy bars



CURRENT PROJECTS



Ecology/Algebra
2 Class

Partnering with
Mason County
Conservation
District to build a
community
garden at
Callanan Park



CURRENT PROJECTS



Ecology/Algebra
2 Class

Partnering with
Mason County
Conservation
District to plant
native plants in
Shelton



THE ROCKY BOO



CEDAR AMBASSADORS TEACH 8TH GRADERS

ABOUT OPTIONS



CHOICE

CEDAR HIGH

SHS

CEDAR HIGH



VIDEO PRODUCTION AND WELLNESS MAKING VIDEOS

One of the Nutrition video examples by Elena Hernandez

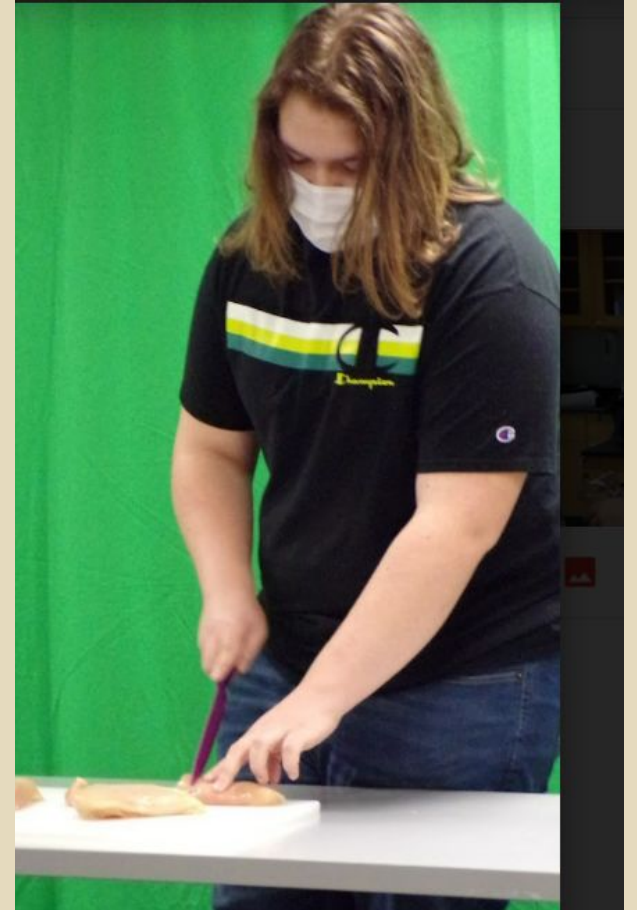
<https://www.wevideo.com/view/2527699771>

Another Nutrition video:

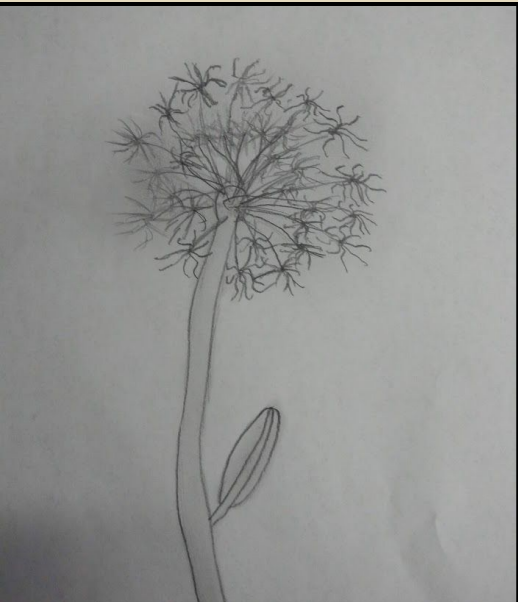
<https://drive.google.com/file/d/15KZBTIBbL6q4mwxIRhy7A9YX-kilqtN4/view>

The CEDAR Promotional Videos are part of our presentations to the incoming schools. Here is

Cohen's: <https://www.wevideo.com/hub#view/2480104198>



MORE ART BY STUDENTS AT CEDAR HIGH SCHOOL



U.S. HISTORY "BRINGING AWARENESS PROJECT" TOPICS

- The pandemic impact on students' social/emotional needs and the need for more systemic supports in schools
- The impact of the pandemic on poverty
- Addressing animal cruelty
- The impact of family dynamics on children
- Democracies and the threats of Totalitarianism
- The impacts of underage substance abuse
- Rising sea levels and the response of The Quinault Nation
- Space Junk—what are we going to do about it?
- The impact of deforestation on landslides
- Banning the use of single-use plastics

WORLD STUDIES DIVES INTO THE NOVEL, ISHMAEL

ISHMAEL
AN ADVENTURE OF THE MIND AND SPIRIT



A NOVEL BY
DANIEL QUINN
WINNER OF THE TURNER TOMORROW FELLOWSHIP


TEACHER SEEKS PUPIL.
Must have an earnest desire to save the world. Apply in person.

Handwritten notes on a clipboard:


"WITH MAN GONE, WILL THE BE HOPE FOR GORILLA?" (Quinn 5)

"Yes I was right. You are not Goliath. You are ISmael." (Quinn 9)

ISHMAEL

"Of course you do. MY'S object is: captivity." (Quinn 14)

"The creature on the other side of the glass was a Full-grown Gorilla." (Quinn 11)

A cartoon drawing of a gorilla with a friendly expression, holding a banana in its right hand. The gorilla is drawn with black outlines and grey shading on its chest and face.

The background is a solid light green color. It features several decorative elements consisting of white dashed lines. These lines form various shapes: a large, irregular, somewhat oval shape at the top left; a series of concentric, roughly circular lines on the right side; and a complex, multi-looped shape on the left side. The text is centered in the middle of the page.

ADVISING AND SCHOLARSHIP TIMELINES

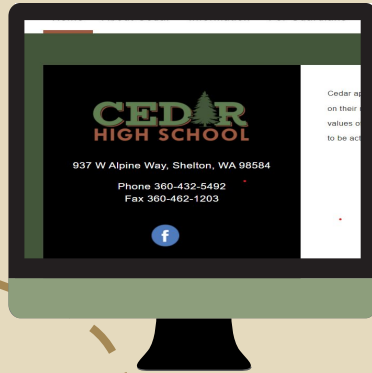
<https://cedar.sheltonschools.org/>

YOUR ONE STOP SHOP!

<https://cedar.sheltonschools.org/>



CEDAR WEBSITE



INFORMATION

Under information you will find the counseling center.



SCHOLARSHIPS

You will find scholarships, advising timelines, resources and contact information.

FRESHMAN AND SOPHOMORE YEARS

- Learn about Cedar Culture and how to be your best self in a collaborative environment
- Take your YouScience inventory and work with your advisory teacher to understand how it impacts your planning.
- Look for places in your Shelton community to volunteer and places to get involved.
- Record each trimester the progress you are making in you My School Data account.
- Continue the high school and beyond planning you started in the 8th grade.
- Become familiar with scholarship searches and apply for the ones you are eligible for.
- Attend a virtual college fair to learn about the process and your options.
- In your Sophomore year, take the PSAT in October. Watch for sign ups in September.
- Sophomores take the Career Choices class to learn more about career and college options, requirements, applications and funding.
- Sophomores build their first resume with the support of their YouScience information and in preparation for the Career Fair.
- In the second trimester of Sophomore year, students may consider Running Start. If this is desired, taking the Accuplacer exam at OC or SPSCC is necessary.

RUNNING START FOR 11th AND 12th GRADE STUDENTS

Let's take a look at this for a moment, and if you are interested in more information about RST, please email me ASAP at shwirzbicki@sheltonschools.org.

If you indicate you are interested, I will set up an information session for us to go through this together. Please note the timelines and the college contacts involved in this process.

CLICK HERE FOR
Running Start
Program and Process

Running Start
Program
Information
2021-2022

Finding the right fit
Taking your next steps
Owning Your Path

Cedar Counseling Department



JUNIOR TIMELINE

In addition to the progress 9th and 10th graders make, Juniors (11th graders) can expect to:

JAN-MARCH

- Confirm graduation plan including credits and testing
- Complete your YouScience inventory and spend time understanding your data Sign up for SAT or ACT if your plans indicate- begin studying Collegeboard.org and ACT.org
- Create list of schools you want to explore:
- **YouScience, Niche, College Data, Fastweb, College Board- Big Future**

MARCH-JUNE

- Register for your senior year including both your graduation requirements and your admission requirements.
- **Sign off your HSBP in My School Data at your spring conference.**
- Create calendar of college application deadlines
- SAT (test in May, June) / ACT+writing (test in Apr, June)
- College Campus Visits (April-August)
*arrange for tours of specific departments
- **Keep list of awards, honors, extracurricular activities in My School Data**

SENIOR TIMELINE

JULY-AUGUST

- Narrow list of colleges to 6-10 schools
- Visit colleges – call in advance for tour/open house dates and times.
- Participate in summer volunteer work and/or internships.
- Register early for Fall SAT and ACT tests (if needed).

SEPTEMBER

- Review all college admissions requirements and deadlines.
- Check with the financial aid offices of all of the colleges you are applying to and **confirm the priority filing deadlines for financial aid applications.**
- Register for the SAT and/or ACT+writing.
- Provide recommenders with Letters of Recommendation forms
- Visit the FAFSA Web site (www.fafsa.ed.gov) to become familiar with content.
- Help your parents gather documents for completing FAFSA/WAFSA

OCTOBER

- **Complete the FAFSA/ WAFSA!** Submit application as soon as possible beginning October 1st and before March 2nd.
- Register for December SAT and ACT tests.
- Take SAT and ACT tests (if needed).
- Submit early decision/early action applications.
- Begin working on applications
- Prepare college essays
- Students interested in Military careers, sign up for the ASVAB

NOVEMBER

- Submit college applications
- Check with each campus' housing services to determine if your housing application is due at the time you submit your general application for admission.
- Send transcripts to colleges if requested.
- Send test scores to colleges if you have not sent them already and they are required.

SENIOR HOME STRETCH

DECEMBER

- Make sure your official SAT and ACT scores were sent to the colleges you applied to.
- Submit any remaining applications especially to community colleges

JANUARY

- Apply to local colleges and watch for scholarships-
ALL YEAR LONG
- Check portals for FAFSA and financial aid from schools of choice.

FEBRUARY/MARCH/APRIL

- COMPLETE AND PRESENT YOUR CEDAR HIGH SCHOOL AND BEYOND PLAN

MAY

- Make the decision of which school to attend
- Complete housing documentation if applicable
- Register for courses
- Send thank you letters to scholarship agencies, letters of recommendation writers, etc.

JUNE-AUGUST

- **GRADUATE CEDAR HIGH SCHOOL :)!**
- Contact registrar to assure your transcript is sent by June
- Contact college about financial aid and housing fees
- Participate in summer orientation plans

CEDAR IS HERE TO SUPPORT YOU

While our classrooms are designed with social/emotional support embedded, sometimes more is necessary

SUPPORTS AVAILABLE

Cedar High School Counseling Program

Monthly advisor/student/family conferences

McKinney Vento Liaison for support if you have housing instability or other basic needs

Counseling referrals to community services and True North counseling on campus weekly

Tutoring Tuesday and Thursday 2:30-3:30 in the Reading Room

Clubs at lunch and after school: Native Club (Luanne), LGBTQIA (Colleen), ASB (Jessica), Cyber Patriots (David)

Cedar Ambassadors to support new students and school culture





CELEBRATIONS TO
SHARE

CEDAR STUDENTS SAY THEY ARE PROUD:

Of taking sign language

Of their grades this trimester

Of speaking in front of people about our school

Of how hard I try and how far I can grow

Of coming back to school and keeping up with school work

Of making a video about nutrition

Of finally being one month from my last attempt/self harm

Of being an ambassador

Of writing a college level letter

Of my photography class

Of making the promotional video for Cedar

I am proud of myself for how hard I am trying and caring about my grades with all that is going on.

TELL US ABOUT A CLASSMATE YOU ARE PROUD OF:

Leo because they are doing well in their classes

Ramsey because he practically has all A's

Brian for asking for help and questions

I don't want to tell on people but I see BIG improvements second trimester

I am proud of Jack for dealing with his schoolwork with how crazy his friends are and just school in general

Mars because they are an awesome person

Xander because he is always on top of things

Lexi for asking questions when she needs to

Amelia Josie because they are reallllyyy good friends

Joe for being so hardworking and seeing the good in everything

Lexi because she just got her Everfi award

A PROJECT THAT WAS EDUCATIONAL AND FUN THAT MADE ME STRETCH WAS:

Taking a baby home for childhood education

My financial plan that helped me make a budget

A nutritional video that we are currently working on because I am learning about how body image can influence a person

The ambassador project going into the middle schools

Cedar 101 when I picked a career and made a poster project

Health class with yoga. I am not used to that!



THIS YEAR HAS COME WITH CHALLENGES. THE BIGGEST CHALLENGE I HAVE OVERCOME SO FAR IS...

My slideshows in early childhood education

Making websites

Waking up on time

Keeping up on my assignments

Full participation in physical education class

Learning how to overcome abusive and unhealthy relationships

The loss of people I care about

Full participation in PE

Getting in all my classes I need to graduate

Doing my group presentation when my group members were not able to come to school

Dropping fake people

Consideration for myself and others

People! I haven't fully overcome my social anxiety but I have started to be able to talk to my classmates

Dissecting clams

Waking up on time

MY GOAL FOR THE NEXT HALF OF THE TRIMESTER IS...

Finish strong with mostly good grades

To get at least A or B

To have a resume and picture portfolio

To have a better understanding of myself

To finish my High School and Beyond presentation

Learn ASL

I am ready to focus on grades now that I am really back from distance learning.

Not to get quarantine again with Covid!

Have my credits completed so I can focus on being prepared for college



I WANT THE PEOPLE THAT SUPPORT US TO KNOW...

We are doing good!

Cedar is a place where anything is possible

We are Cedar Strong and we are a high school

I am learning more and enjoying my time more here than any other school

I can manage as an adult in the real world now

Our school really does produce awesome projects and we all support each other

We take responsibility for our mistakes

I feel safe here

If you have projects or anything that could help our classes learn, we would like to work with you. (to community members)

I am trying really hard but it is mentally draining!

We appreciate your support



NOTABLE NEWS UPCOMING

Registration for 2022-23

Last two weeks of February

Third Trimester Begins

March 11th

Career Expo

March 16th

Spring Conferences

March 22, 23, 24,25th

Testing Dates

April/May for 10th graders in ELA and Math, 11th Science

Accuplacer

In communication with OC

ASVAB

April 14th- 8am

STAMP

April

HSBP

May 4th and 18th

The transition to 3rd trimester

[Junior/Senior Planning Tool](#)

THANKS!

Do you have any questions?

shwirzibicki@sheltonschoools.org-- Counselor

ahosford@sheltonschoools.org -- Principal

360.432.5492

<https://cedar.sheltonschoools.org/>

